

” Do’s & Don’ts Before Your Child’s Dental Visit”

Do's for Dental Visits:



- 💡 Frame the visit positively as meeting a friendly doctor.
- 💡 Stress the importance of regular dental check-ups for early problem detection.
- 💡 Ideally, both parents should accompany the child on the first visit.
- 💡 Allow ample time for the dentist to build rapport with the child.
- 💡 Bring complete medical records, including immunization status.
- 💡 Ensure clear explanations of any required dental procedures.

Don'ts for Dental Visits:



- 💡 Avoid discussing pain, blood, or injections before the visit.
- 💡 Address fears indirectly and honestly without misleading the child about treatment duration.
- 💡 Refrain from using threats related to dental care.
- 💡 Don't push for immediate treatment; allow the child to get comfortable with the dental visit.
- 💡 Discuss fears or concerns separately with the dentist.
- 💡 Schedule appointments at suitable times, avoiding nap or tired periods.
- 💡 Avoid bribing with gifts before appointments.
- 💡 Maintain positivity and avoid complaining about the child during the visit.